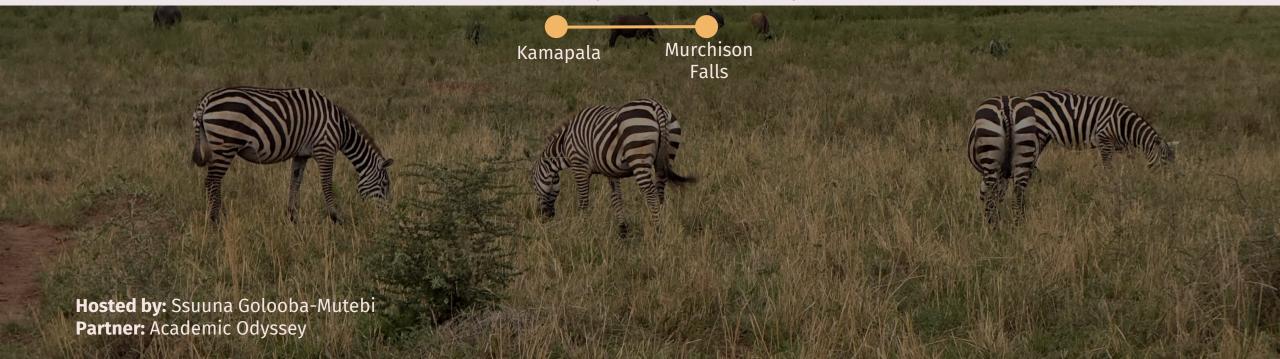


Post-FGI; May 21-27, 2025 (7 days)

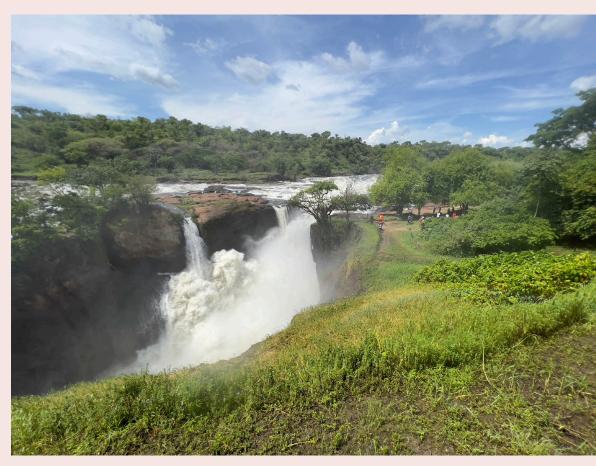




# Experience Ugandan culture, nature & society

### Join our trek if:

- You look for a blend of adventure, cultural immersion, and insightful learning, just like:
  - Spotting lions, zebras, giraffes, elephants, and many more wild animals in their natural habitat on a wild safari
  - Seeing first-hand some of Africa's most stunning natural beauty, from trekking in untouched forests to getting soaked next to the strongest waterfalls in the world
  - Getting an authentic taste of Ugandan culture, sampling local delicacies, visiting heritage sites, and enjoying traditional dance performances
- You are curious about the world around you and are eager to push yourself to the boundaries of your comfort zone
- You want to make lifelong friends with students outside your HBS section
- You want to maximize the value of your FGI travel package



# Price of the trip is \$1,800

### Included:



#### Accommodation

(6 nights, 1 room split between 2 people – twin beds)



#### Meals

20/21 meals in total



### Visits to historic sights and buildings

All entry tickets and guides where applicable



#### Meetings

Speaker and translator fee where applicable



#### **Guided tours**

In Kampala and on safari



#### **Transfers**

All transfers within the country, including to/from the airport



#### **Taxes**

Tourist city and state taxes where applicable

### Not included (extras):



#### Insurance

Health and travel insurance



### **Flights**

You are responsible for booking flights



### On-demand mobile hot-spots

Mobile data



#### Tips

Tips are not required but are welcomed in the Ugandan service industry



#### **Optional activities**

Free time, nights out, etc.

# Highlights from previous group trips





















## Here is what previous travelers said:

### The trek was:

### "Fantastic"

Uganda was unforgettable! The safari was fantastic, with knowledgeable and friendly guides helping us spot the most beautiful wildlife. Exploring the country's natural wonders was awe-inspiring, especially the majestic Murchison Falls. The local cuisine was a highlight — every meal was a delightful adventure as we tried dishes at authentic spots. The well-planned itinerary made every moment seamless and enjoyable. Uganda truly stole my heart!

Thomas

The vibrant culture, welcoming people, and incredible scenery made it an unforgettable 2 weeks. A perfect mix of adventure and serenity.

Asal

### "Memorable"

Despite being a frequent traveler, this was by far one of the most memorable trips I was lucky to go on. From breathtaking safaris and sleeping in the savannah, staying in traditional villages and immersing ourselves with locals, and museum visits to the nightlife of the capital city, I fully grasped why Uganda is known as the 'Pearl of Africa'. I can't wait to go back!

Seline

Our trip was the most memorable I've had in recent years. Rather than just scratching the tourist surface, we were lucky to experience so much of Ugandan life authentically. Indulging in the delights of local landscape, wildlife and culture left me feeling equal parts rested and rejuvenated.

Laura

### "Dream"

A once in a lifetime trip that will leave you wishing you could stay for another few weeks. A particular highlight was the safari where our group got to get up close and personal with lions, elephants, giraffes and hippos! Could not recommend enough.

Euan

My trip to Uganda was one of the **best experiences of my life**, and **I made memories that I will truly cherish forever!** Visiting Murchison Falls National Park and seeing a herd of elephants in their natural habitat was **an absolute dream.** 

Ellie



# Agenda. Day 1 - Welcome to Buganda!

06:00

12:00

**Arrivals to Entebbe International Airport**Drivers will collect you and bring you to the hotel

08:00 – 09:30: Hotel check-in and welcome breakfast

Location: Millenium Terrace Hotel

10:00 – 11:30: Guided tour of Buganda King's palace

Location: Kabaka's Palace

12:00 – 14:00: Traditional lunch of local

delicacies

Location: St Anthony's restaurant

14:30 – 16:00: Guided tour of traditional royal tombs (UNESCO World Heritage Site)

Location: Kasubi Tombs

16:00 – 19:00: Free time

Location: TBD

19:00 - 21:00: Dinner

Location: Stonehaven restaurant

18:00



Kampala, May 21

### Highlights of the day:

- Cultural immersion, getting a deep dive into recent and ancient history.
- Learn about the rich history of the Buganda Kingdom, which had a pivotal role in shaping the modern-day country of Uganda.
- Delight your senses with an introduction to traditional cuisine and dishes which you are guaranteed to have never tried before!





Photos by: Frank van den Bergh and Rajah Siwale

24:00

Text – activity is organized by the hosts; costs are included in the price of the trip

Text – activity is organized independently by visitors; costs are not included in the price of the trip (tips will be shared)

# Agenda. Day 2 - Road trip to the wild...

06:00

05:00: Breakfast and drive to safari park

Packed breakfast will be prepared to take on the road – got to hit the tarmac early!

08:00 - 10:00: Rhino trekking

Location: Ziwa Rhino and Wildlife Ranch

12:00

12:00 - 13:00: Lunch

Location: Kabalega Diner

14:30 - 15:30: Waterfall visit

Location: Murchison Falls National Park

18:00

**16:00 – 19:00: Evening game drive** 

Location: Murchison Falls National Park

19:30 - 21:00: Dinner

Location: Murchison Falls Bamboo Village

**21:00: Free time** 

Location: Murchison Falls Bamboo Village

24:00



**Murchison Falls National Park, May 22** 

### Highlights of the day:

- Getting up close and personal with Uganda's only white rhinos.
- Breathtaking (and wet!) sights of the most powerful waterfalls in the world.
- See a range of Africa's famous animals (e.g. lions, leopards, elephants, buffalo, zebra, giraffes, antelope) roaming wild and free in their natural habitat as the sun sets across the lush, untouched savannah.





Photos by: Ssuuna Golooba-Mutebi

Text – activity is organized by the hosts; costs are included in the price of the trip

Text – activity is organized independently by visitors; costs are not included in the price of the trip (tips will be shared)

### Agenda. Day 3 – Safari continued

06:00

**05:00: Breakfast and drive to safari park**Packed breakfast will be prepared to take with you on safari

**05:30 – 10:30: Morning game drive**Location: Murchison Falls National Park

12:00 – 13:30: Lunch

Location: Murchison Falls Bamboo Village

14:00 – 17:00: Private boat cruise
Location: Murchison Falls National Park

**17:30 – 19:30: Optional drinks**Location: Murchison Falls Bamboo Village

19:30 – 21:00: Dinner

Location: Murchison Falls Bamboo Village

**21:00: Free time**Location: Murchison Falls Bamboo Village

18:00

12:00

24:00

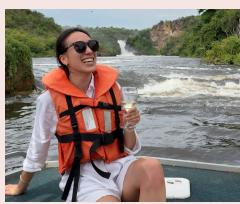


**Murchison Falls National Park, May 23** 

### Highlights of the day:

- See a range of Africa's famous animals (e.g. lions, leopards, elephants, buffalo, zebra, giraffes, antelope) roaming wild and free in their natural habitat as the sun sets across the lush, untouched savannah.
- Relax on a scenic boat ride on the River Nile up to bottom of the Murchison Falls, where the torrents of water crash noisily down.





Photos by: Ssuuna Golooba-Mutebi

Text – activity is organized by the hosts; costs are included in the price of the trip

Text – activity is organized independently by visitors; costs are not included in the price of the trip (tips will be shared)

### Agenda. Day 4 - Return to civilization!

06:00

12:00

18:00

24:00

### 08:00 – 13:00: Breakfast and drive back to Kampala

Stopping on the way for snacks, we'll get back to the city by the afternoon

13:00 – 18:30: Free time Post-safari relaxation at the hotel or time to explore more of Kampala for those full of energy!

15:00 – 17:00: Craft market – souvenir shopping Location: Buganda Road

**19:00 – 21:00: Dinner**Location: Olives restaurant

21:30: Drinks and karaoke

Location: Zone7 bar



Kampala, May 24

### Highlights of the day:

- Enjoy the vistas on the long drive from the safari back to the city.
- Hone your haggling skills in the craft market picking up handcrafted mementos of your travel from local vendors and artisans.
- Get ready to sing your heart out at a buzzing Kampala karaoke bar!





Photos by: Ssuuna Golooba-Mutebi

### Agenda. Day 5 - R&R

06:00

12:00

18:00

24:00





### Kampala, May 25

### Highlights of the day:

- Relaxing in the sun poolside at one of Uganda's top 5-star resorts on the shores of Lake Victoria.
- Exploring two of Uganda's most prominent places of worship representing the two dominant religions of the country, with an overview of how their practice was spread through society.
- Climb to the top of the minaret at Uganda National Mosque for panoramic
- A sample of Kampala's bustling night life (if you like to boogie).





Photos by: Speke Resort Munyonyo and Explore Uganda

### Agenda. Day 6 - Cultural immersion

06:00

07:00 - 08:00: Breakfast

Location: Millenium Terrace Hotel

12:00

10:00 – 15:00: Traditional living experience Location: Ewaffe Cultural Village

18:00

18:00 - 21:00: Traditional dance/theatre show (includes dinner)

Location: Ndere Cultural Centre

21:00: Free time

24:00



Kampala, May 26

### Highlights of the day:

- Experience a traditional Buganda lifestyle with talks, role-play, games, cooking, tastings, craft-making activities, and more – a great insight into local customs and everyday life.
- Enjoy a night of entertaining dance and drama showcasing the multiethnic diversity of traditional music cultures from across Uganda's 50+ ethnic groups (with more traditional cuisine to sample!).





Photos by: Ewaffe Cultural Village and **Explore Rwanda Tours** 

### Agenda. Day 7 – Societal insights

06:00

12:00

18:00

08:30 - 09:30: Breakfast

Location: Millenium Terrace Hotel

10:00 – 12:30: Visit Julius Nyerere Leadership Centre

Discussion about Pan-African ideals and vision for the future of leadership and transformational change on the continent

**13:00 – 14:30: Lunch** Location: Café Javas

**15:00 – 17:00: Visit refugee integration center** Discussion with YARID, an organization serving refugee and host communities

18:00 – 20:00: Dinner Location: The Hickory

20:00: Free time and departures

20:00: Free tille allu departure



Kampala, May 27

### Highlights of the day:

- Hearing from academics about Uganda and Africa's history, key challenges, and future potential, and a vision for leadership rooted in African values.
- Visiting an NGO dedicated to creating community-driven solutions to help empower refugees and asylum seekers to become contributing members of society.





Photos by: Kampala City Guide and YARID

24:00



### Accommodation

### Murchison Falls National Park, 2 nights



A gorgeous lodge located just outside the park







Photos by: Murchison Falls Bamboo Village and Best Western Plus The Athena Hotel

### Kampala, 5 nights



4-start hotel with great city access







# The trek takes place after FGI and you will be back before EC'25 graduation

This trek is for HBS RC students and their partners and takes place immediately after FGI

So, if you are *nearby* (in Egypt, Kenya, Rwanda, Ghana, etc.), hop over to Uganda to take a break from a citycentric FGI and experience more of Africa, ending your RC year on a high note!

You are already on the continent, so why not see more?

### Class of 2026 (RC) academic calendar

		20	24	22	22	24		1/20 Martin Luther Vine In Day
	1/19/2025		21	22	23	24		1/20 Martin Luther King Jr. Day
		Holiday	SIPs	SIPs	SIPs	SIPs		1/21-24 Short Intensive Programs (SIPs) (Optional)
1	1/26/2025	27	28	29	30	31		Spring Term   1/27 Quarter 1 Begins
2	2/2/2025	3	4	5	6	7		
3	2/9/2025	10 Open	11	12	13	14		
4	2/16/2025	17 Holiday	18	19	20	21		2/17 Presidents' Day
5	2/23/2025	24	25	26	27	28	1 WS	2/24 Spring Quarter 2 Begins 3/1 Weekend Sprints
6	3/2/2025	3	4	5	6	7		
7	3/9/2025	10	11	12	13	14		
8	3/16/2025	17	18	19	20	21		3/15-23 Spring Break
		Open	Open	Open	Open	Open		
9	3/23/2025	24	25	26	27	28		3/24 Spring Quarter 3 Begins
10	3/30/2025	31	1	2	3	4		
11	4/6/2025	7	8	9	10	11		
12	4/13/2025	14	15	16	17	18		
13	4/20/2025	21 Open	22	23	24	25		4/21 Spring Quarter 4 Begins
14	4/27/2025		29 Exams	30 Exams	1	2		
15	5/4/2025	5	6	7	8	9	10	5/10-11; 5/20-21 FGI Immersion Travel
		Exams	Exams	Exams	Exams	Exams	FGI Trave	el · · · ·
16	5/11/2025	501	13	14	15	16		5/12-19 FGI Immersion
	TOT HOVE	19	20	21	101	- 51		<del>- </del>
17	5/18/2025	FGI		FGI Travel	22	23		5/21 End of RC Term
	E /2E /2025	26	27	28	29	20		5/26 Memorial Day
	5/25/2025	Holiday	21			30		5/29 Commencement (Class of 2025)
					Uganda trek			

# Flights to and from Kampala, Uganda from selected destinations

Departure city/country	Duration	Approximate price (RT)
Kigali, Rwanda	1 hour	USD 350
Nairobi, Kenya	1 hour	USD 350
Cairo, Egypt	7:30 hours	USD 600
Accra, Ghana I	8 hours	I USD 700



### Recommended packing list

Weather in Kampala will be 66-77F (19-25°C) and in Murchison Falls National 88F (31°C). The trek will cover a range of activities: city tours, road trip and safari, and meeting with organizations – pack accordingly!

- Comfortable walking shoes
- Hoodie or a light sweater (Uganda can get a little chilly at night)
- Small umbrella / waterproof poncho / light raincoat (it usually rains at night during the rainy season but we could get caught in the odd shower)
- Athletic leisure attire (something you would wear for a city tour)
- Smart casual attire
- Long-leg/sleeve pyjamas (mosquitos)
- Safari attire
- Going out attire
- Swimsuit
- Small backpack or handbag or bumbag/fanny pack
- Sunglasses

- Specific medication (e.g. if you have a prescription)
- Student ID
- Sunscreen!
- Sunhat / bucket hat
- Anti-mosquito spray
- Reusable water bottle
- Power plug adapter (Tye G British 3 rectangular pin) for your electronics
- Power bank
- Portable handheld fan
- Cash USD: we recommend bringing \$500 (but totally up to you). Make sure they are fresh, crips, clean, totally unblemished/untorn, and new (minimum 2009 but the more recent the better) or you may find difficulties trying to exchange them

### Miscellaneous items

### X

### **Entry requirements**

- Your passport must have an expiry date at least 6 months after the date you arrive in Uganda.
- **DON'T FORGET YOUR VISA!** If <u>you need a visa to enter Uganda</u>, you can apply for an <u>e-visa online</u>, which costs \$50.



#### Health

- Yellow fever is a requirement for entry you will be denied entry into the country without it without a medical note explaining your exemption (e.g. if you are pregnant or breastfeeding). You must bring your Yellow Fever Certificate with you.
- There are other vaccinations which you may wish to take that are not compulsory please discuss with your doctor.
- You are strongly advised to take and bring anti-malaria tablets, of which many types are available. More info on this will be shared at a later date.
- Make sure to get appropriate travel insurance.



### Organizational timeline

We are here



#### **February**

Interest form launched

### **Early-March**

 Security deposit paid (\$600)

### **Late March**

- Remainder paid (\$1,500)
- Submit visa application if applicable

### **End-April**

Deadline to book flights

#### **May 21**

 Arrival in Uganda (Entebbe Internationa I Airport)

#### **May 27**

 Departure from Uganda (Entebbe International Airport)

# Next steps

Capacity is limited to 30 people and we'll be operating on a 'first come, first served' basis.

Step









3

What

Express your interest by joining The WhatsApp group Fill out the Google Form Following this <u>link</u>

Pay the \$600 deposit

By scanning the QR code to the right

When

ASAP, it takes 30 seconds to do Early March We need a bit more time to finish our payment gateway Late March Hang on tight ACADEMIC ODYSSEY, INC.
Hide account info

contact@academic-odysse...

Enrolled with Zelle® as ACADEMIC ODYSSEY, INC.

Deposit to Business Adv Fundamentals - 8907

If you have a specific question, please reach out via email: golooba-mutebi@hotmail.co.uk contact@academic-odyssey.com



### **FAQs 1/2**

Q1: Can partners join?

A1: Yes

#### Q2: Is Uganda safe?

A2: Yes, Uganda is a safe country. However, you should be aware of pickpockets and exercise caution in public with your valuables.

#### Q3: What about for the LGBTQ+ community?

A3: Unfortunately, same-sexual activity is illegal (with harsh to severe penalties) in Uganda and the LGBTQ+ community is generally not accepted in Ugandan society, though this typically does not pose a direct problem for tourists. Unless caught in contravention of any laws, individuals will not be targeted. You might also find that you meet open-minded people who disagree with these laws and are keen to express this to you, as a foreigner. It is advisable to simply avoid discussing LGBTQ+ matters with strangers and refrain from situations that would involve you breaking local laws.

Q4: Are there any particular local customs / cultural norms to be aware of?
A4: Ugandan society is generally rather religious and conservative. Excessive displays of affection or very revealing clothing may receive attention and disapproving comments but there are no legal dress codes (although it is illegal to wear military-style or camouflage clothing!). It is illegal to give food or money to children living on the streets in Kampala. E-cigarettes are also banned in the country.



### **FAQs 2/2**

#### Q5: Do I need to bring a lot of cash?

A5: In Kampala and main cities/towns, ATMS are widely available and credit cards widely accepted. Nonetheless, it is important to have some cash on you, especially when we go to more remote regions on safari. You can bring dollars which are easily exchanged (as long as they are new and freshlooking – see slide 15) or withdraw from ATMs.

#### Q6: Can we do our own thing sometimes?

A6: We ask that you're present for all planned activities, as they're specifically planned out with the total group number in mind. Of course, for optional activities and in case of an emergency, just let us know!



